









INSTRUCTIONS FOR PATIENTS FOR STOOL COLLECTIONS 13.60.T01

1. Follow the instructions for different vials depending on the stool test your doctor has ordered.
2. **If the vial contains liquid DO NOT DISCARD IT, add stool carefully up to the indicator line. The liquids in the vials are POISONOUS! Keep out of reach of children.**
3. Do not collect the stool from the toilet, no urine or water can come in contact with the stool. See attached instructions on stool collections techniques for guidance.
4. Do not overfill the vials.
5. Screw lids onto vials tightly.
6. Write the date, time, and **stool consistency** (Examples: watery, loose, soft, firm)
7. Take the vials to the nearest Sanford facility. Please call the Sanford Broadway Laboratory if you have any questions: **701-234-4888**.

TEST ORDERED BY PHYSICIAN (highlighted):	VIAL(S) TO PLACE STOOL IN:	COLLECTION	HOW/WHEN TO TAKE TO THE LAB
<ul style="list-style-type: none"> Ova and Parasite Exam 		<ul style="list-style-type: none"> Using attached spoon, fill to indicator line of each pictured vial Mix well within 20 minutes. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store at room temperature, <u>do not refrigerate or freeze.</u>
<ul style="list-style-type: none"> Crypto/<i>Giardia</i> Rapid Antigen Assay <i>Giardia</i> Rapid Antigen Assay <i>Cryptosporidium</i> Rapid Antigen Assay 		<ul style="list-style-type: none"> Using wooden stick, add about 1 teaspoon of stool to pictured vial (contains Formalin-caution!) Mix well within 30 minutes. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store at room temperature, <u>do not refrigerate or freeze.</u>
<ul style="list-style-type: none"> Enteric Panel without <i>C. difficile</i>, NAD Rotavirus Norovirus, BY NAD Any other stool culture-associated orders (e.g. Shiga-Like Toxin testing). 		<ul style="list-style-type: none"> Using attached spoon, fill up to indicator line of pictured vial. Mix well within 2 hours. Minimum volume for Rotavirus is 1/2 spoonful. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store refrigerated
<ul style="list-style-type: none"> Fecal Fat, Qualitative Lactoferrin, Fecal <i>H. pylori</i>, Fecal (Sent out to Mayo Lab) 		<ul style="list-style-type: none"> Using wooden stick, add 2 teaspoons of stool to vial within 2 hours Refrigerate. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store refrigerated: Fecal fat >72 hours freeze. <i>H. pylori</i> >48 hours freeze

<ul style="list-style-type: none"> <i>C. difficile</i> Detection 		<ul style="list-style-type: none"> Add stool to vial within 2 hours (do not go above ¼ vial). Refrigerate 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store refrigerated
<ul style="list-style-type: none"> Reducing Substance, Fecal (Sent out to Mayo Labs) 		<ul style="list-style-type: none"> Using wooden stick, add 3 teaspoons of stool to pictured vial immediately. 	<ul style="list-style-type: none"> Take vial to the laboratory within 30 minutes or freeze and transport frozen.
<ul style="list-style-type: none"> Calprotectin <p>**<u>must be collected in its own –separate vial</u></p>		<ul style="list-style-type: none"> Using wooden stick, add about 3 teaspoons of stool to vial immediately. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store frozen
<p>Pancreatic Elastase -1, Fecal (Sent out to Mayo Lab)</p> <p>**<u>must be collected in its own-separate vial</u></p>		<ul style="list-style-type: none"> Using wooden stick, add about 2 teaspoons of stool to vial immediately. 	<ul style="list-style-type: none"> Take vial to the laboratory within 24 hours. Store refrigerated

***Laboratory staff – please circle the vial(s) that the patient needs to return.**

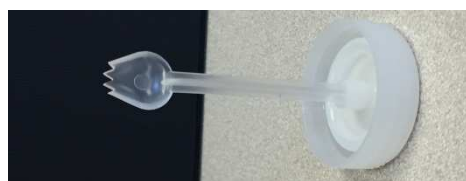
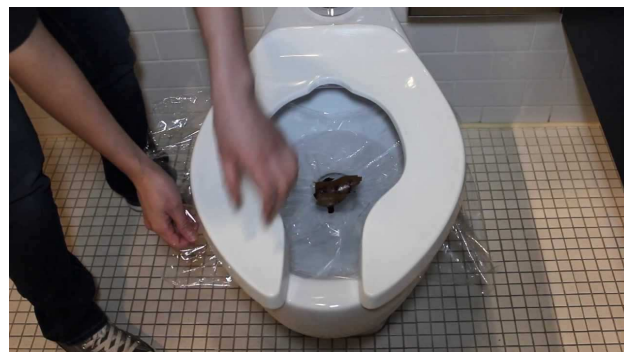
STOOL COLLECTION INSTRUCTIONS/TECHNIQUES :

- The stool should be passed into a clean, dry container (example: supplied “Hat”) and transferred into the appropriate vials highlighted. **Do not pass urine into the same collection container.**

- Collect for one day only. More than one bowel movement can be used during the one day of collection to get enough stool for all the containers, if necessary.
- Fill the vial(s) with stool to bring the liquid level up to the “Fill to Here” line. For vials without liquid: place a minimum of 2 tsp of stool in vial (never overfill)
- Mash or emulsify the stool in the container with the paddle. Tighten lids. Mix well by shaking containers. **Store containers as indicated in above chart**
- Label all containers with your name, birth date, time and date of collection.
- If collecting a 24 hour or 48 hour stool sample all of the stool from that time period needs to be included in the containers provided. Stool cannot be taken from this timed collection and placed in another vial for other testing.



OR



USING SPOON UNDER VIAL LID, WOODEN APPLICATOR, OR
CLEAN PLASTIC SPOON SCOOP UP STOOL AND PLACE INTO
APPROPRIATE VIAL(S). TIGHTEN LIDS SECURELY.

*RETURN TO ANY SANFORD SITE WITHIN 24 HOURS. STORE AT
APPROPRIATE TEMPERATURE INDICATED IN CHART ABOVE ACCORDING
TO WHICH TEST YOUR DOCTOR HAS REQUESTED.